

# Lung Cancer Screening

## Progress or Problems?

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Session code: <INSERT REFERENCE #>



**2014** | DEC  
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**MELBOURNE  
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**JOINING  
FORCES –  
ACCELERATING  
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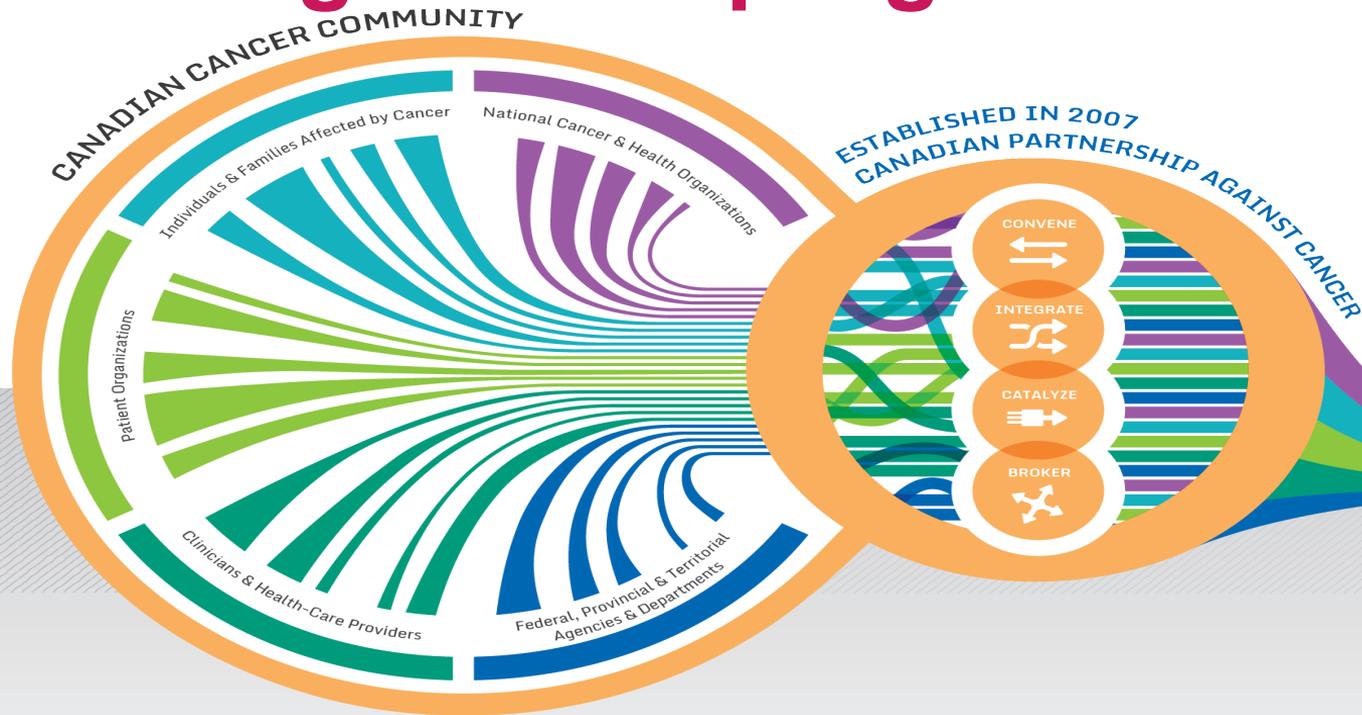
[www.worldcancercongress.org](http://www.worldcancercongress.org)

# A word about Canada's cancer system...



- In most provinces, there is some kind of provincial focus on cancer care, through an agency or a government department
- Registries have long history – perhaps due to early affinity to cover disastrous illness

# Canada's cancer strategy is enabling shared progress.



# Lung Cancer and Screening

Evidence:

November 2010: National Lung Screening Trial initial results

“Anticipatory science” exercise with expert panel

July 2011: International Association for the Study of Lung Cancer, CT Screening Task Force and Workshop

# CONVENE & BROKER KNOWLEDGE

The Partnership hosted two national forums in Nov. 2011 and Feb. 2012



- **CONVENE:** Brought together interested provincial and national governments, cancer agencies and affiliated organizations to identify priorities for lung cancer screening in Canada; and



- **BROKER KNOWLEDGE:** Determine how to best serve the population at risk of lung cancer.

# Pan-Canadian Lung Cancer Screening Network

October 2012: The Pan-Canadian Lung Cancer Screening Network is launched

- To support initiatives that inform, leverage expertise, and make evidence-based recommendations that support policy and health practices in lung cancer screening.
- First priority initiative: Develop consensus statements regarding screening recommendations.

# Context for planning in a national network framework

Lung cancer is the leading cause of cancer death in Canada  
For the first time, there may be a screening test that will make  
SOME difference

How do we implement it so that we take into consideration the  
realities of current cancer control dilemmas, but still do the  
best we can to make the highest impact on cancer mortality in  
Canada?

# Sustainability of the cancer system a new challenge





You see, idealism detached from action is just a dream. But idealism allied with pragmatism, with rolling up your sleeves and making the world bend a bit, is very exciting. It's very real. It's very strong.

(Bono)

# This is not for amateurs



All other screening in Canada has tried to get organized after being out in general practice

For cervical screening, caused delayed uptake (and unnecessary deaths)

For breast screening, perpetuated debates over benefit and targets

For CRC, resulted in more scoping and less screening

# Lung screening.....

**"Low Dose" Lung CT Reduces Mortality From Lung Cancer**

You may be at risk if you are now smoking or of heavy smoking.

Expiration date 03/1/12

Coupon valid only for Lung Health Screening Program  
(Insurance coverages vary)

**\$100.00 off**

For more information call 203.838.4886 or visit [www.ctlungcancerscreening.com](http://www.ctlungcancerscreening.com)

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**FIVE-OUT-OF-FIVE**  
lung cancer survivors  
**RECOMMEND a CAT SCAN.**

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# Planning dilemmas



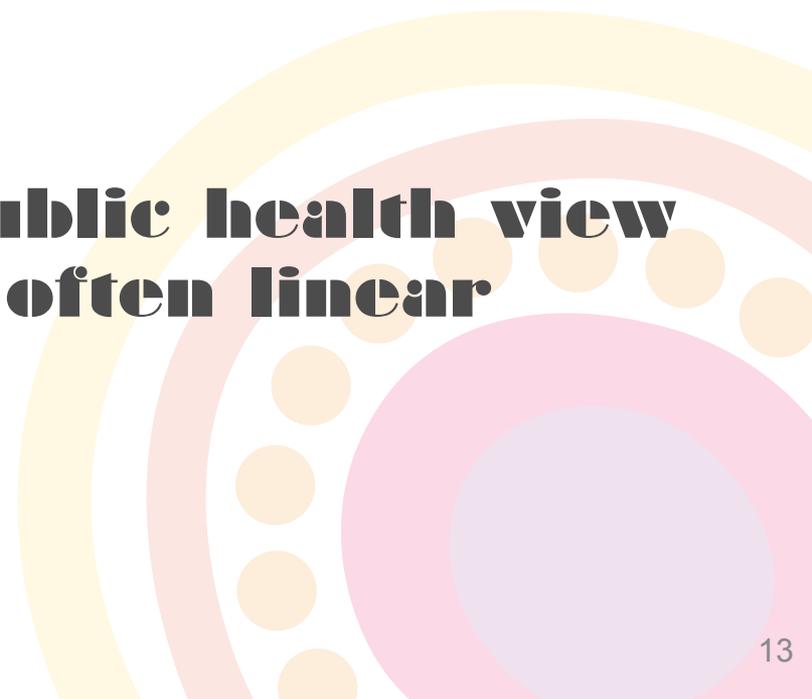
**What came first?**



# Planning dilemmas



**Public health view  
is often linear**



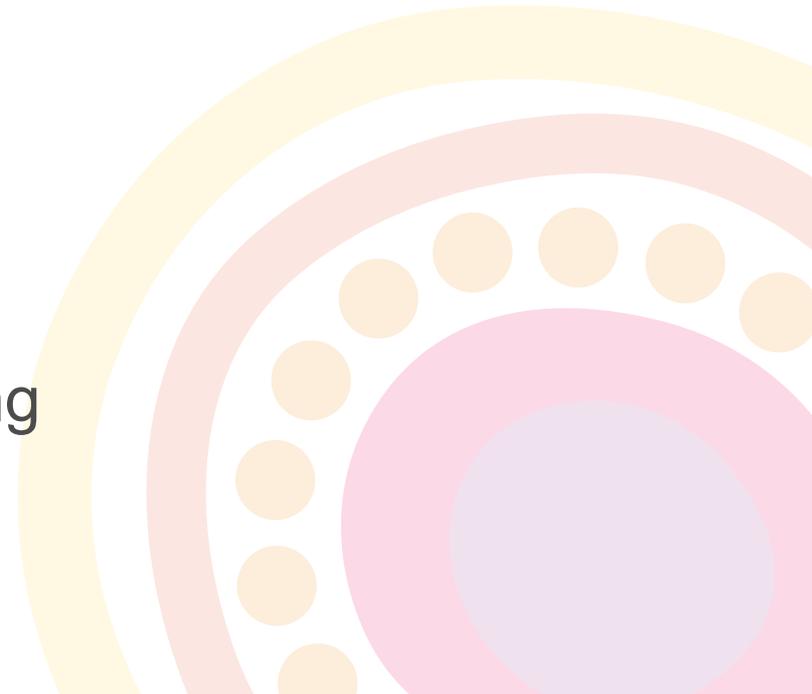
# Reality

**The practice  
chicken lays its  
own eggs, and  
incubates them  
faster**



# Areas for network consideration

1. Target population definition for intake
2. Role of tobacco cessation
3. Reaching the hard-to-reach
4. Defining “positive” findings
5. Technical quality issues
6. Eligibility for Continued Screening



## Learning from experience

### Eligibility: Intake

Risk model (Tammemagi, PCELCDP) gives risk of  $<2\%$  vs  $>2\%$  risk

- Gives an evidence-based and rational approach to defining eligibility
- Potentially much more palatable tool to define eligibility, as those not eligible get the good news of lower risk
- Could allay the controversy of eligibility based on the length of a past “unhealthy” behaviour

Do we need monitoring of use of this model vs age/pack year approaches?

## Learning from experience

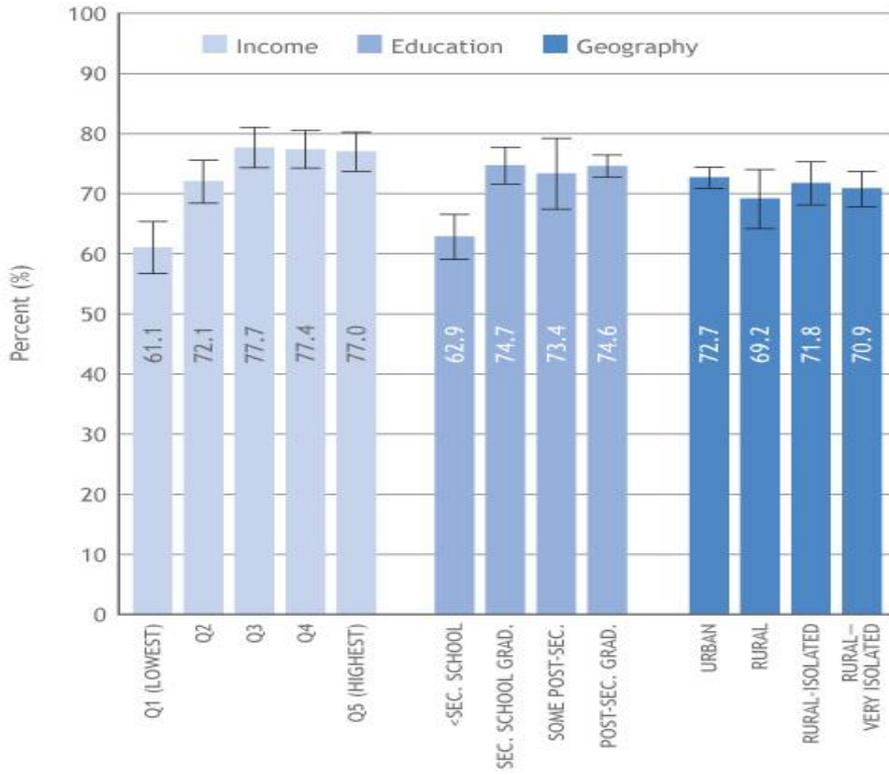
# Intake: Smoking Cessation

Current smokers should be offered access to smoking cessation:

- What type?
- What degree (a handout, a program, individualized treatment and follow-up?)
- Funding of NRT (nicotine replacement tx)
- Do we follow success rates of different strategies?

Should we be prepared for questions on continued screening eligibility for those who do not quit??

# Percentage of women (50–69) reporting a screening mammogram in the past 2 years BY INCOME QUINTILE, EDUCATION AND GEOGRAPHY, CANADA—CCHS 2008



Note: 95% confidence intervals are indicated on figure.  
Data Source: Statistics Canada, Canadian Community Health Survey

## Learning from experience

# Reaching underserved

Recognition that the prevalence of screening eligibility will likely be concentrated in rural/remote/isolated communities, and inner cities/ SES disadvantaged areas of cities

Breast screening has been very effective in reaching rural/remote women despite the fact that participants need to actually go to the technology

- Mobile programs have been key

However, still variation in uptake by income and education despite years of initiatives

## Learning from experience

# Definition of “positive” findings

Size/diameter/volume estimates are continuous variables, and therefore the decision on what is positive can be “titrated” by adjusting the positivity call limit

- This is similar to the use of FIT (fecal immunochemical tests) for colorectal screening, and there is some experience on the impact of implementation of different decision rules

**Would require follow-up to look at the impact on the “negatives” in follow-up**

## Learning from Experience

# Technical Quality Issues

Experience in MB has shown that there is wide variation in radiation exposure from different CT's across the province

In breast screening, early steps were development of an accreditation program for image quality through the Canadian Association of Radiologists

**Should this be explored for spiral CT?**

## Learning from experience

# Eligibility: Continued Screening

Currently RCT evidence exists for efficacy

However, there are no data that would drive decisions re continued screening (to what age?), interval between screens.....

Modeling will help to point to promising directions, but ongoing in-practice experience (with follow-up databases) will be needed to validate these

# The risk/benefit

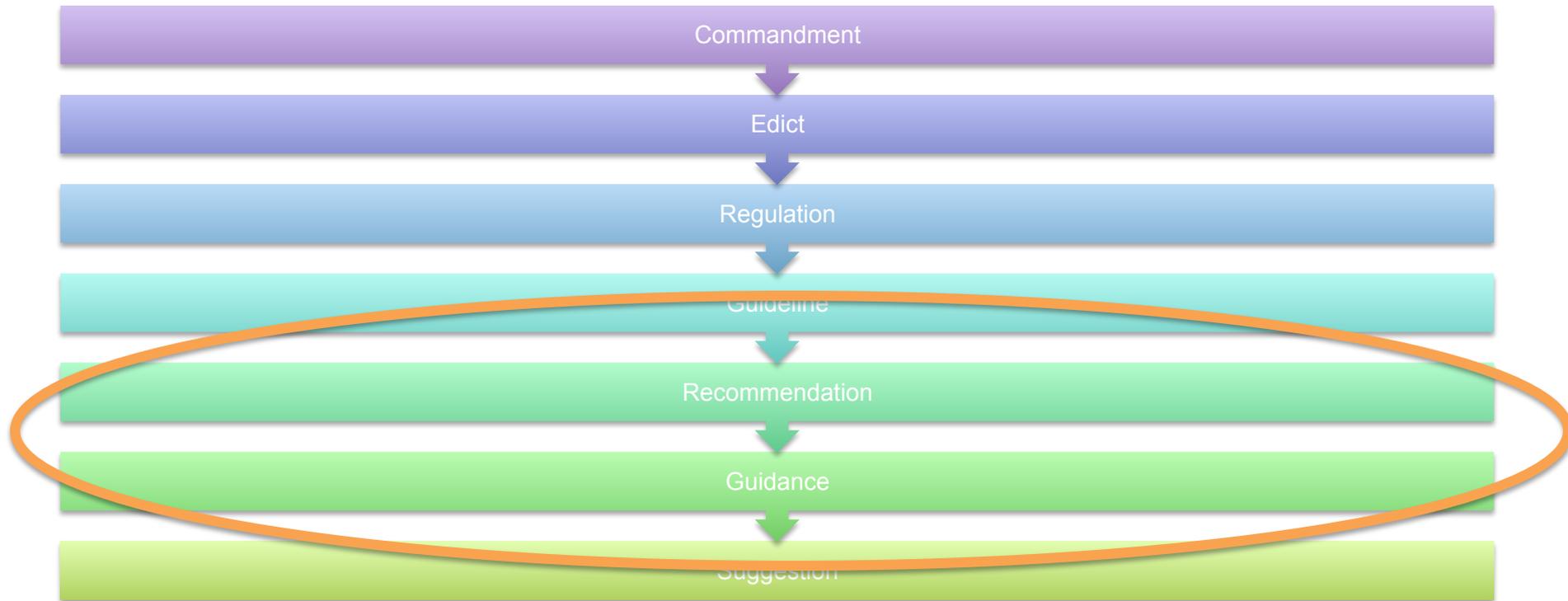


Unnecessary tests  
Unnecessary diagnostics  
Unnecessary treatment

All on well people who would never have developed the disease in question

Reduced mortality  
Reduced incidence  
Reduced treatment needs

# Types of Meeting Outcomes



# Quality Determinants

Refers to core elements that can be collected to evaluate quality within programs

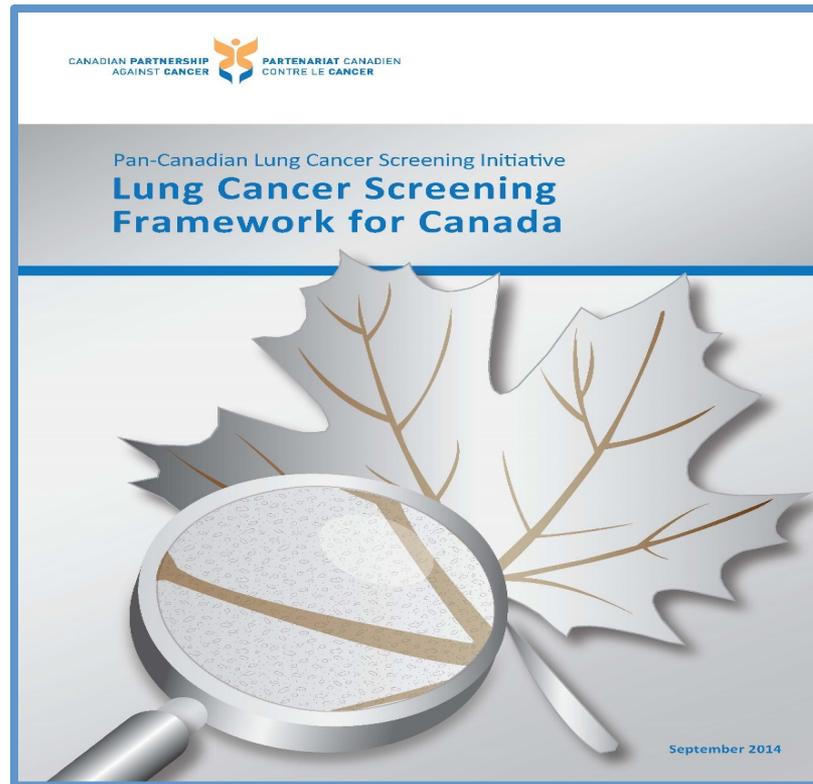
The Network members are developing these core elements, as this will allow them to assess results, and perhaps learn from this “natural experiment”

# Lung Cancer Screening Framework for Canada

November 2014

To help guide jurisdictions in deliberations and discussions about lung cancer screening

[Cancerview.ca](http://Cancerview.ca)



## Questions that could be addressed by network as we work forward...

Should we pilot to gain more info before we implement screening in the face of info gaps? What is the possibility for policy/research partnerships to move this ahead?

Is this something that would benefit from a programmatic approach?

What can we learn from one another that would help us and, most importantly, the Canadians at greatest risk for lung cancer?

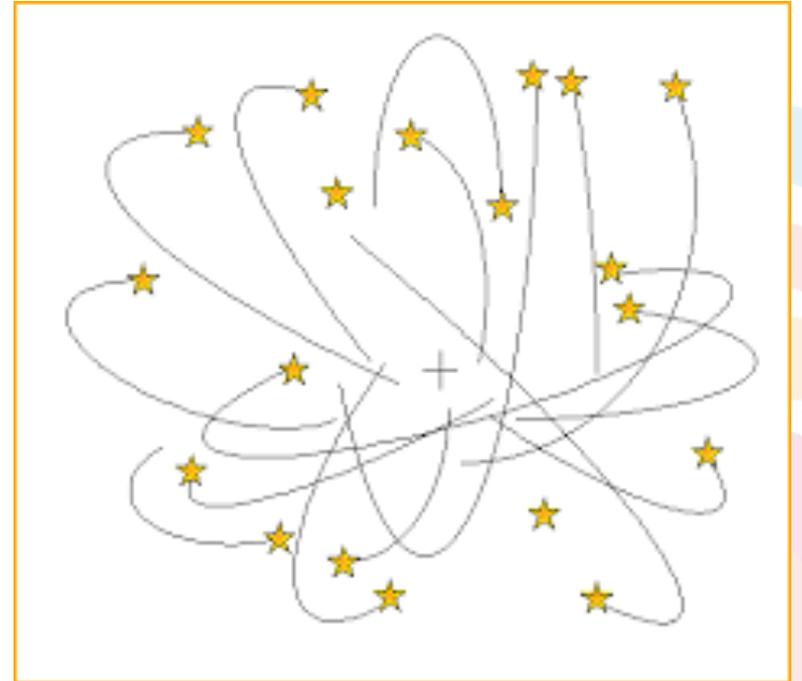
# We do not have the perfect information

But past experience teaches us that allowing the practice to incubate naturally will not result in the best outcomes



## For the future

Potential for harms and benefits exists: so action must be a considered action



# Lung Cancer Screening Framework for Canada

Thank you!

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