

UICC World Cancer Congress

Challenging and Working Together for Care Delivery in Asia

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Treasurer of Asia Oncology Nursing Society**

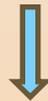
December 5, 2014



Establishment of Asia Oncology Nursing Society (2013.11. 21)

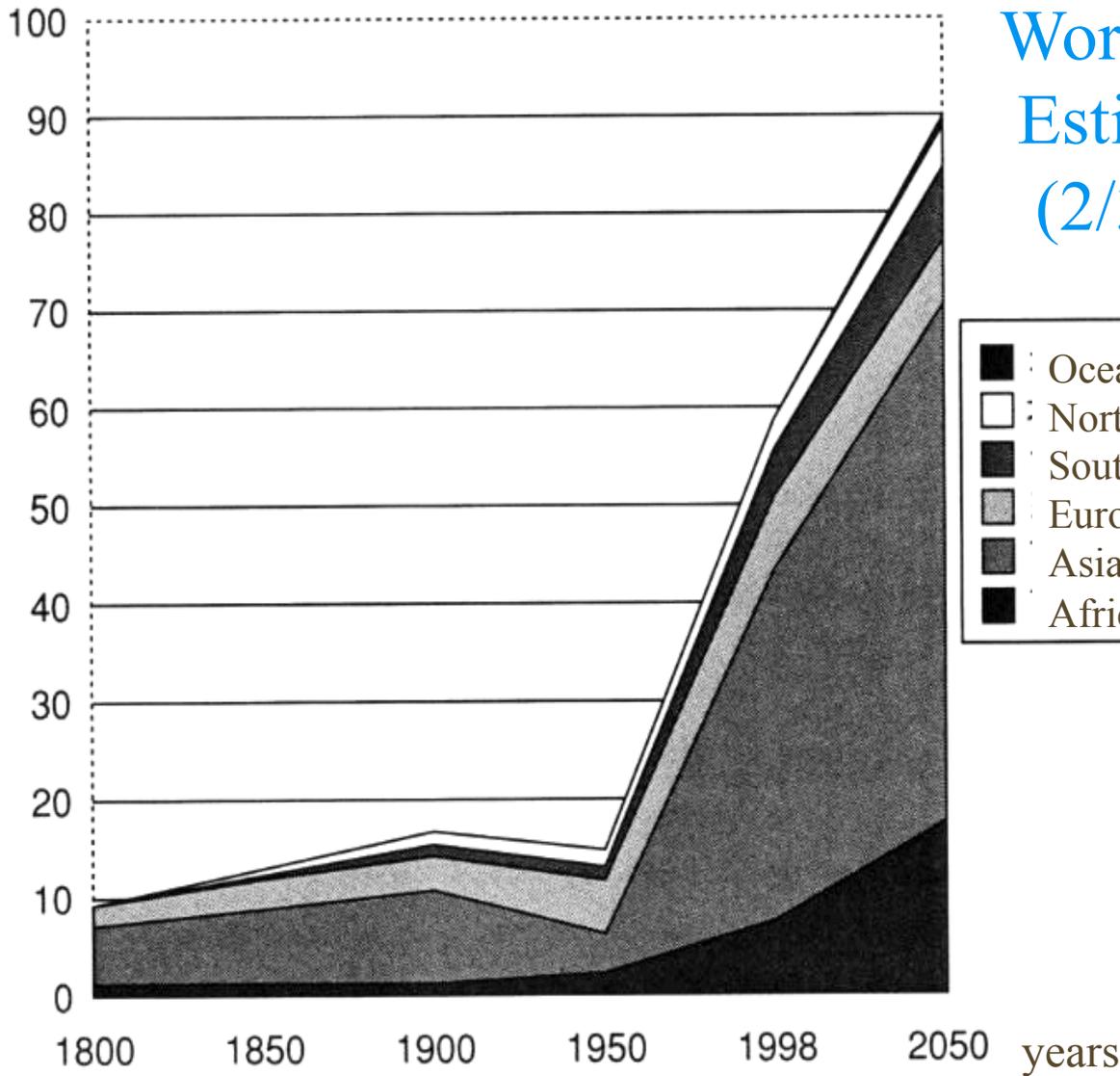
Reasons

1. Asian population in the world ↑ (60% of world population)
2. Cancer incidence in Asia ↑ (6.5million cancer deaths per year by 2030)
 - elderly population
 - smoking
 - eating habit, lack of exercise
 - stress society
 - pollution



Development and provision of services to cancer related health and cancer patients were needed to challenge and work together for oncology nurses in Asia.

1/10 Billion



World Population Estimates (2/3 in Asia)

- Oceania
- North America
- South America
- Europe
- Asia
- Africa

数値は United Nations 1998 Revision of the World Population Estimates and Projections による。

Ratio of Aged Population among Asian Countries

図表2-10 全人口に占める高齢人口(65歳以上)の比率の推移、1970-2040年 (単位:%)

Countries	1970	1975	1980	1985	1990	1995	2000	2005	2010	2015	2020	2025	2030	2035	2040
Japan	7.0	7.9	9.0	10.2	11.9	14.4	17.2	19.9	22.7	26.3	28.4	29.3	30.3	31.6	33.8
Taiwan	2.7	3.1	4.0	4.9	6.7	8.3	9.6	11.2	12.9	14.9	18.7	22.8	27.2	31.7	35.6
Singapore	3.3	4.1	4.7	5.3	5.6	6.3	7.4	8.5	9.0	11.7	15.3	19.5	23.3	27.0	29.2
S, Korea	3.3	3.5	3.9	4.3	5.0	5.9	7.3	9.3	11.1	13.2	15.7	19.6	23.3	26.7	29.6
Thailand	3.4	3.5	3.6	4.0	4.6	5.7	7.0	8.0	8.9	10.2	12.3	15.0	17.6	20.1	22.2
China	4.0	4.6	5.2	5.7	5.9	6.4	7.0	7.6	8.2	9.5	12.0	14.0	16.5	20.2	23.3
Vietnam	4.8	4.8	4.9	4.9	5.0	5.1	5.6	5.9	6.0	6.4	8.0	10.2	12.8	15.4	17.9
Indonesia	3.3	3.4	3.6	3.6	3.8	4.1	4.6	5.1	5.6	6.0	7.0	8.6	10.5	12.7	14.9
Myanmar	3.8	3.9	4.0	4.3	4.4	4.7	4.9	5.0	5.1	5.6	6.9	8.4	9.9	11.7	13.9
Malaysia	3.3	3.5	3.6	3.6	3.6	3.7	3.8	4.3	4.8	5.7	7.1	8.6	10.3	11.5	12.7
India	3.3	3.4	3.6	3.7	3.8	4.0	4.2	4.6	4.9	5.4	6.3	7.3	8.3	9.4	10.5
Cambodia	2.8	2.8	2.9	2.9	2.8	2.8	3.0	3.3	3.8	4.4	5.2	6.0	7.1	8.2	9.2
Philippine	3.0	3.1	3.2	3.1	3.1	3.1	3.2	3.4	3.6	4.0	4.9	5.8	6.7	7.6	8.5
Laos	3.1	3.2	3.5	3.6	3.6	3.6	3.7	3.8	3.9	4.1	4.6	5.4	6.3	7.5	8.9

(注)(1)全人口に占める65歳以上の高齢人口の比率が7%を超えた場合、その社会を「高齢化社会」(Ageing Society、)、14%を超えた場合、「高齢社会」(Aged Society、)、20%を超えた場合、「超高齢社会」(Ultra Aged Society、)とそれぞれ呼ぶ。各段階を色分けした。

(2)台湾は、国連人口推計の2010年版より「Other non-specified areas」の項目で掲載されるようになった。詳しいデータは図表7-2-1-1を参照。

(出所) United Nations, *The World Population Prospects, 2010 Revision*, より中村沙絵作成。台湾は末廣昭が補充。

AONS 2013

The 1st Asian Oncology Nursing Society Conference

November 22 - 24, 2013 Bangkok, Thailand





9 countries: China, India, Indonesia, Japan, Phillipines, Singapore, South Korea, Taiwan, Thailand

AONS Bylaws

Article 2 Purposes

AONS aims to contribute to cancer nursing in the Asia region through the following charitable, educational and scientific purposes:

- a. The collaborative exchange of clinical practice, education and research among AONS members.
- b. Improving cancer care through exposing nurses to the latest evidence-based nursing practices.
- c. Developing the nursing leadership in cancer care in Asia.

Cancer Care for Patients Navigation

Oncology nursing focuses on

- cancer prevention related education in terms of genetics & life style
- early detection/screening related education
- treatment related care :
 - chemotherapy, radiation, operation therapies
- cancer survivorship care
- palliative care
- end of life care

Oncology nursing provides

- technical skill, communication for safe and effective patient care
- education including medical knowledge of disease specific information, symptom management and self care for patient's QOL

What is Cancer Care in Asia?

Current Issues:

Ageing Population

Primary Health Care

Health Care Financing and Insurance

Professional Advancement Academy

Tertiary Education for Nurses

Opportunities for Nurses:

Prevention/Early Prevention: Health Maintenance

Enhancing Care in the Community

Independent Practice

Enhanced Scope of Practice and Credentialing

Relevancy of Nursing Education and Practice

How to develop the expertise and roles as an oncology nurse? **From Novice to Expert**



Novice: no experience, uses rules

Advanced beginner: gaining some experience, still rules, beginning to recognize patterns

Competent: planning, more efficient, organized, a feeling of skill mastery

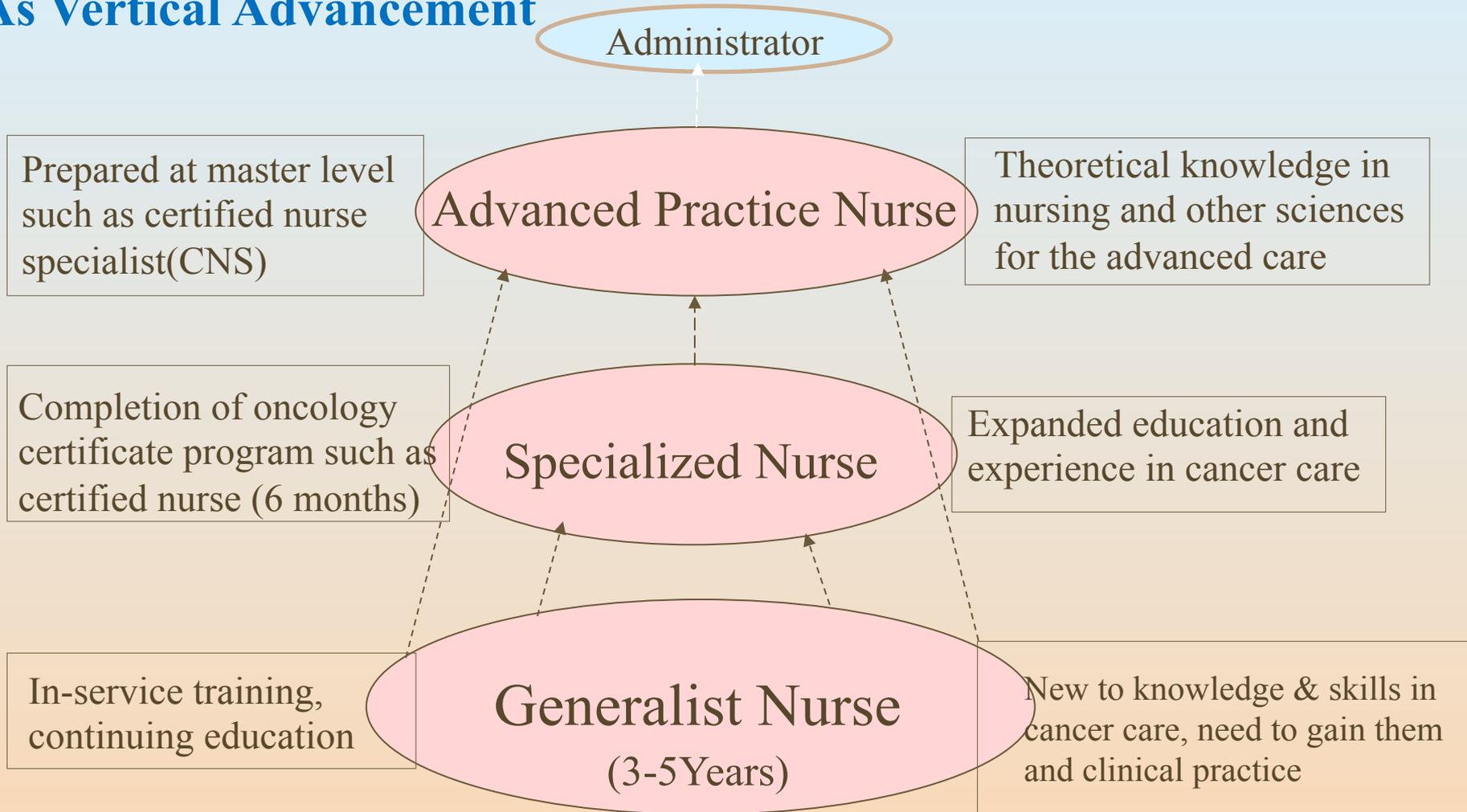
Proficient: perceives situation as a whole, rules in context

Expert: knowledge embedded, uses intuition- the chess player who says “it was just the right move”

Benner, p.(1984). From novice to expert: Excellence and power in clinical nursing. Menlo Park, CA: Addison-Wesley.

For example

As Vertical Advancement



A model of Roles in Oncology Nursing to become an advanced practice nurse in Japan

For example

As Horizontal Expansion

For example Special Interest Group (SIG) in Japan

Objective:

Special Interest Group (SIG) in Japan

Objective:

information exchange and professional development, and are
Members who have the same interest develop network for

Special Interest Group

CNS

CRC

Outpatient care

Homecare

Radiation

Psycho-oncology

Child cancer



• Need for a nursing presence



• People(or Patient)-centered care



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For Example:

Prevention/Long-term Cancer Survivor

For Example:

- Exercise, relaxing, eating habit, etc.

Use of

complemental therapies of eastern medicine



Exercising

function.

- * Regular practice of meditation or yoga improves mood,
- * Sleep and quality of life (transcendental meditation)
- * Sleep and quality of life (mindfulness meditation)



<Herb, Sauna Bath, Exercise>



Herb Sauna



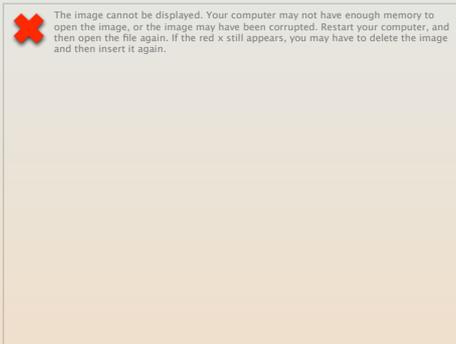
Vegetables juice



Foot bathing with pebbles



Finger pressure on foot



Stuff of herb ball



Herb ball



Steaming herb ball



Kinds of herb



Sauna room



Exercise



Massage



Foot massage

Future Directions of the Asia Oncology

Future Directions of the Asia Oncology





Asian
Oncology
Nursing
Society

AONS 2015 CONFERENCE

Flying the Spirit of Asian Oncology Nursing



Date : November 19~21 2015
Venue : Seoul St. Mary's Hospital, Seoul, Republic of Korea

Abstract Deadline : February 28, 2015

Registration Fee : \$200/person (Early Bird) - May 31, 2015
\$250/person (Regular) - September 30, 2015
\$300/person (On-site)

Web-site: <http://www.aons.asia> (To be opened)

Organized by *Korean Oncology Nursing Society* 
Hosted by *Asian Oncology Nursing Society* 



Thank you for your attention!

