



Ellie Cannon

NHS Doctor and Broadcaster

Biography

Geordie-born, London based Dr Ellie is a leading NHS GP, familiar to many as the doctor columnist for the Mail on Sunday. She has appeared regularly on ITV This Morning as one of their doctors and broadcasts on BBC Breakfast, Sky News, and ITV News. She is a well-known radio contributor often featuring on BBC Radio 4, Women's Hour and LBC.

In 2022 she was recognised by the medical journalists' association as highly commended for her writing on mental health.

Ellie's most recent book, *Is Your Job Making You Ill?* focuses on health issues at work. Her first book 'Keep Calm, The New Mum's Manual' is a guide for new parents.

She has appeared on prime-time Channel 4 series *Health Freaks* and *Doctor in Your House* as well as specials for ITV Tonight on breast cancer and work-place stress. She also channelled her inner-geek appearing in a *Celebrity Eggheads* team of TV doctors – winning her round!

Ellie is a confident public speaker and presents regularly at conferences and corporates on a range of topics. She has appeared in conversation with HRH the Prince of Wales at the inaugural mental health at work conference, *This Can Happen*.

She works extensively with brands across consumer health products and importantly is a respected voice for the NHS and Department of Health appearing for them on multiple health awareness campaigns across traditional and social media.

Ellie also presents the podcast *Breakthroughs* with Pfizer UK.

Ellie is a charity ambassador for a number of health charities working with them on awareness and advocacy. In October 2018 she travelled to the Democratic Republic of Congo with Save the Children to film an awareness campaign on pneumonia.

Dr Ellie read medicine at Cambridge University and has worked in the same GP practice for over a decade, on London's world-renowned Abbey Road. She is a Fellow of the Royal College of GPs, an honour given to those who have made an outstanding contribution to general practice. She has a social media following of over 40K and combines her work with motherhood and a love of swimming.

In 2022, she was named GDST Alumna of the Year, a national award with previous winners including Samira Ahmed and Olivia Colman.