



Fabio Gomes

Regional Advisor on Nutrition and Physical Activity for the Americas,
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Biography

Fabio Gomes is a Nutritionist, with a Masters in Population Studies and Social Research and a PhD in Public Health. He worked in the National Cancer Institute of Brazil as a Ministry of Health Senior Officer, for ten years, developing strategies to promote healthy eating practices in multiple settings; mobilising regulatory measures to reduce the demand for unhealthy products; and protecting health, food and nutrition public policies from interference of opposing commercial actors. As visiting scholar at the Department of Nutrition, Food Studies, and Public Health of New York University he studied corporations and related organizations' products, practices and policies and their impact on food systems. He has been advising and supporting UN agencies, governments, social movements, and professional, scientific and civil society organizations worldwide to promote food and nutrition security, regulate non-recommended products, and prevent conflicts of interest. Fabio is now the Regional Advisor on Nutrition and Physical Activity for the Americas at the Pan-American Health Organization/ World Health Organization supporting countries to design and implement physical activity, food and nutrition public policies as well as to protect such policies from opposing interests.