THE EXPERIENCE OF PROVIDING PALLIATIVE CARE EDUCATION IN AFRICA

Professor Dr Anne Merriman
Hospice Africa
LEARNING AND USING FROM WHATEVER IS AVAILABLE

- every situation
- EACH patient
- teaching areas
- The teaching equipment
- friends and colleagues
- Every carer and potential carer
- Team members
- Other organisations
NIGERIA 1993: SUFFERING OF AKPAN
LITTLE MONEY BUT A LOT OF FAITH

• Borrowed 2 bedroomed house
• Enough funds for 3 team members for 3 months
• 10 year old land rover for home visits
• Education commenced immediately
CANCERS
FIRST COURSE FOR HEALTH PROFESSIONALS 1993
IN DAVIES LECTURE THEATRE, MULAGO
FIRST NON HP COURSE IN GARAGE, NDEEBA, SEPTEMBER 1994
COSTS PRICE OF A LOAF OF BREAD FOR 10 DAYS TREATMENT FOR AVERAGE PAIN CONTROL
EXTENDING AFFORDABLE MORPHINE NATIONWIDE

NOW 2 US$ FOR 500mgs

Manufacture and distribution of affordable morphine
MORPHINE PRODUCTION RECOMMENDED
STRENGTHS AND COLOURS

Strength/5ml

“Green 5mgs” contains 500mgs morphine
“Red 50mgs” contains 5,000mgs morphine
“Blue 100mgs” contains 10,000mgs morphine
HAU PUBLIC PRIVATE PARTNERSHIP WITH MOH: NOW MANUFACTURED FOR ALL UGANDA AT HOSPICE IN MAKINDYE
COST IS PRICE OF TWO LOAVES OF BREAD
APPROPRIATE CARE IN DIFFERENT CIRCUMSTANCES
FIRST EDITION OF “BLUE BOOK”

• Originally written with permission of Dr Derek Doyle, for Singapore
• Then the “yellow” book for Nairobi
• Then the “Blue” book for Uganda now into 4th edition
“BLUE BOOK” IN FRENCH AND ENGLISH
Achievements in Education
Education at all Levels, FOR AFRICA

MOH
University Medical & Nursing Schools & Health Training Institutions
Referral Hospital
District Health Care Committee
Palliative care team
Community Volunteer Workers (CVWs), Spiritual Leaders, Traditional Healers
Patient and family

DLD 2002 TO DATE
IHPCA + BSc 2009 ongoing
Morphine start ups
CPCC training for nurses and COs 2002
KEY RECEIVERS OF EDUCATION

• Medical students since 1994
• Health professionals in practice
• Nurse prescribers and Clinical officers
• Volunteers in villages
• Spiritual advisors
• Traditional Healers

• From 2009: degree students from all Africa
<table>
<thead>
<tr>
<th>up to 31st Aug 2016</th>
<th>HPs and Managers</th>
<th>CVWs</th>
<th>Others</th>
<th>PC Initiators</th>
<th>Health Tutors 1993</th>
<th>Rapid Prescribers</th>
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<tbody>
<tr>
<td></td>
<td>3,446</td>
<td>873</td>
<td>2,066</td>
<td>253</td>
<td>92</td>
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## Long Courses

<table>
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<tr>
<th>Graduates</th>
<th>In training</th>
<th>DPC</th>
<th>BSC PC</th>
<th>Yr1</th>
<th>Yr2</th>
<th>Yr3</th>
<th>Graduates</th>
<th>On training</th>
<th>Awaiting graduation</th>
<th>Medical students</th>
<th>TOTAL SHORT AND LONG COURSES</th>
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</thead>
<tbody>
<tr>
<td>181</td>
<td>67</td>
<td>16</td>
<td>18</td>
<td>24</td>
<td></td>
<td></td>
<td>160</td>
<td>10</td>
<td>19</td>
<td>3,260</td>
<td>10,053</td>
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</table>
COMPASSION IN ACTION:
The GOOD SAMARITAN
ESSENTIAL OUTCOMES OF EDUCATION IN PC IN AFRICA

• COMPASSIONATE carers
• Practising the pillars of ETHOS
• SPIRITUAL selflessness and willing to share
HOSPITALITY

Patient care

Caring Team

Respect and Support for sharing organisations

Context

Outcomes

MUST HAVE!
ETHOS
“Levels of palliative care integration – world”. Global Atlas of Palliative Care at the End of Life
WHO, WPCA, January 2014, p.39
COUNTRIES REACHED (35) VS THOSE WITH MORPHINE (20)
HAU AND APCA

Left
Yellow and orange:
Reached by HAU (IP and IHPCA) and APCA

Right
Blue: Francophone countries
Red: Anglophone countries

(since 1993)  (since 2005)
Ms. Rose Kiwanuka, the Country Director of the Palliative Care Association of Uganda (PCAU) addresses delegates at the UN Assembly Special Session on the World Drug Problem in April 2016.
“IF YOU WANT TO GO FAST, GO ALONE.
IF YOU WANT TO GO FAR,
GO TOGETHER.”
- AFRICAN PROVERB