Family caregiver involvement in home based palliative care for cancer patients in Indonesia

A finding from an ethnographic study

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Family caregiver involvement in patient care is a pivotal feature of health care systems worldwide. Active family engagement in the patient’s care in times of illness is expected in the Indonesian culture. Little is known of the level and type of care being provided by family in palliative care, including home based care.

To explore the involvement of family caregiver in home-based palliative care for cancer patients in an Indonesian palliative care facility.

- Contemporary ethnography
- Observations
- Informal interviews
Results

- **Type of care**
  - Health management
  - Personal care
  - Spiritual care

- **Reasons**
  - Obligation
  - Cultural family ties

- **Level of care**
  - Single handed
  - Shared with others (family, paid carer)

- **Impacts**
  - Physical exhaustion
  - Employment
  - Finance
  - Communication issues

- **Supports**
  - Health care professionals
  - Extended family
  - Community